First Aid Kit Supply Checklist

| Item | Yes | No |
| :--- | :--- | :--- |
| Adhesive Tape 1/2" x 5 yards | $\square$ | $\square$ |
| Alcohol Pads | $\square$ | $\square$ |
| Burn Crème | $\square$ | $\square$ |
| Content Card | $\square$ | $\square$ |
| Dressing Pads, Sterile 2" x 2" | $\square$ | $\square$ |
| Dressing Pads, Sterile, 3" x 3" | $\square$ | $\square$ |
| Elastic Bandage, 2" x 5 yards | $\square$ | $\square$ |
| Emergency Blanket | $\square$ | $\square$ |
| Eyewash | $\square$ | $\square$ |
| Exam Gloves, Non-Latex | $\square$ | $\square$ |
| First Aid Crème | $\square$ | $\square$ |
| First Aid Manual | $\square$ | $\square$ |
| Forceps | $\square$ | $\square$ |
| Liquid Glucose | $\square$ | $\square$ |
| Aspirin | $\square$ | $\square$ |
| Extra Strength Pain Reliever | $\square$ | $\square$ |
| Non-Aspirin | $\square$ | $\square$ |
| Ibuprofen | $\square$ |  |
| Gauze Sponge | $\square$ |  |
| CPR pocket mask or barrier | $\square$ |  |
| Plastic Adhesive Bandages, Sterile, 1"x3" | $\square$ |  |


| Smelling Salt | $\square$ | $\square$ |
| :--- | :--- | :--- |
| Steri-Strips | $\square$ | $\square$ |
| Stretch Bandages, Sterile, 2" | $\square$ | $\square$ |
| Triple Antibiotic Oointment | $\square$ | $\square$ |
| Tweezers | $\square$ | $\square$ |
| Additional Items to Consider | Yes | No |
| Instant chemical cold pack(s) | $\square$ | $\square$ |
| List of emergency phone numbers (paramedics, hospital emergency room) | $\square$ | $\square$ |
| Liquid soap | $\square$ | $\square$ |
| Sterile cotton-tipped swabs or applicators | $\square$ | $\square$ |
| Povidone iodine 10\% solution (Betadine) | $\square$ | $\square$ |
| Antiseptic towelettes | $\square$ | $\square$ |
| Splinting and Sling Material | $\square$ | $\square$ |
| Cravat cloth (triangular bandage) | $\square$ | $\square$ |
| 2", 3", and 4" elastic wrap (Ace*) | $\square$ | $\square$ |
| Splints (2) | $\square$ | $\square$ |
| Finger splints | $\square$ | $\square$ |
| Sterile eyewash, 1 oz (30 ml) | $\square$ |  |
| Diphenhydramine (Benadryl), 25 mg capsules | $\square$ |  |
| Stretcher | $\square$ |  |
| AED (automated external defibrillator) | $\square$ |  |

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